My name is Oliver MacDonald (he/him). I am a 41-year man from Guelph, Ontario Canada with lived experience with Borderline Personality Disorder, PTSD, PDD, and Addiction who is in recovery. I am a father of a 5-year-old son and husband to my wife for 20+ years. I am a dedicated board member for Emotions Matter, Vice President & Treasurer of Guelph Minor Baseball Association and a patient/family advisor on the Patient & Family Advisory Council for the Guelph Wellington Ontario Health Team. I currently work full-time for our Province of Ontario's Niagara Escarpment Commission as the Compliance Program Supervisor and Senior Provincial Offenses Officer.