



How to Register for an Emotions Matter Online Peer Support Group (rev. 7.25.22)

1. **Log into our website** at www.emotionsmatterbpd.org.
2. **Click on the Peer Group Registration Page:** [Peer Groups Test2 — Emotions Matter \(emotionsmatterbpd.org\)](http://www.emotionsmatterbpd.org)
3. **Select on the meeting date and time that you would like to join.**

**** Note: Participants are asked to register for no more than 3 groups per month to allow for new people to access BPD peer support.****

4. **Complete a Meeting Registration Form.** You will be prompted to complete a group registration form on RSVPify (rsvpify.com). Fill out your name, email (use the email associated with your Zoom account), and demographic information.
5. **Click “Submit.”** (*Please note: all questions must be answered in order to complete your registration*).
6. **Standby:** If the group is full, you will have the option to join via Standby. This will give you access to the Zoom waiting room on the day of the meeting.
7. **Confirmation Email:** You will receive a confirmation email after you have completed the above steps to confirm you are either registered for the meeting, or for Standby.

**** If you are on standby, please click the link in your confirmation email to finish filling out our group’s information form. *These forms help up maintain the funding to keep these groups free and accessible to those in need.***

8. **Zoom Account Required.** PLEASE NOTE: In order to attend our peer groups, you must create a free zoom account: [Sign In - Zoom](#)

*(** This is the United States' Zoom link, if attending from another country, please use your country's zoom website to register for a free account.*

To Access your BPD Support Group Zoom Meeting

1. **24 hours** before the meeting, you will receive a reminder email That will contain our Zoom link.

****If you are on standby, you too will receive this link 24 hours in advance. Your reminder email will also have a link to help us keep track of the demographics in our groups. If you did not click this link in your standby confirmation email, please do so in the reminder email. The information collected is very important when it comes to funding our free programs.**

2. **5-minutes** before the meeting, click the Zoom link that was sent to you in your reminder email. *(If the link does not work, copy and paste the link into your browser.)*

***Due to attendee privacy, we ask that you please never share our meeting zoom links. Only people who register are able to attend meetings.**

3. **Once you are logged into the meeting**, you will be asked to wait in the waiting room before the meeting takes place, please be patient during this time while our facilitators are admitting people.
4. **Waiting Room:** Emotions Matter Peer Facilitators will let people who registered for the meeting into the Zoom room first. If there are cancellations or available spaces, they will then admit people via Standby in the order in which they entered the waiting room into the Zoom meeting.

****Please Note: The standby room does NOT guarantee entry into the meeting. It is dependent on group size, which is approximately 30 people.**

**** Standby participants should arrive 5 minutes before the meeting starts. The Waiting room will be closed 10 minutes after the meeting starts, and no new people will be admitted at that time.**

******If you are using a chromebook, phone, or a device other than a computer: Please make sure Zoom is compatible with your device and that all Zoom software on that device is up to date.**

If you have any questions, please email us at info@emotionsmatterbpd.org